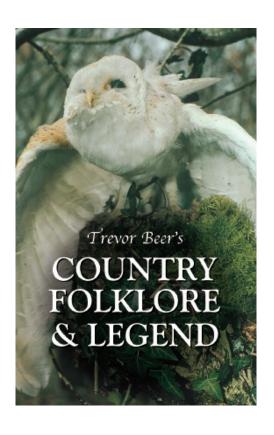
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ADVANCE INFORMATION



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### TREVOR BEER'S

# **COUNTRY FOLKLORE & LEGEND**

Few authors are better placed to provide us with a fascinating glimpse of the legends and stories associated with Britain's countryside. Trevor Beer's lifetime passion for wildlife and all matters relating to country lore and legend has provided him with a wealth of information which he includes in this book. Readers will be familiar with Trevor's regular column in the Western Morning News which is among that news-paper's most popular features.

Here, Trevor draws on his vast knowledge of all things concerning wildlife and folklore, from ancient Celtic beliefs in the power possessed of our British trees and plants, old recipes and curatives, through to how the behaviour of animals and birds can be used to forecast extreme weather and natural catastrophes. This book, illustrated with the author's own drawings, provides a source of reference and delight for all those who love wildlife and country matters.



**Trevor Beer**, author and naturalist, is known to thousands as a result of his regular Nature Watch column in the Western Morning News, from which his first book took its title. From his home in Barnstaple Trevor has devoted much of his life exploring the natural history of North Devon, working tirelessly for the conservation and protection of the flora and fauna of the region he has come to know so well. In 2002 he received the MBE for his contribution to wildlife conservation.



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# FEATURE CHAPTERS AND GALLERY – TREVOR BEER'S COUNTRY FOLKLORE & LEGEND

#### Feature Chapters:

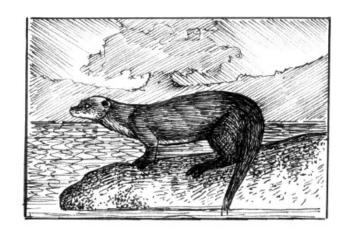
Chapter I A Valley I Know

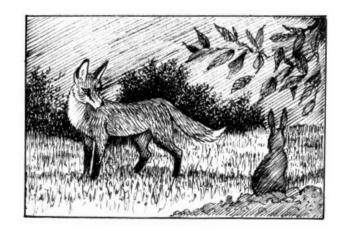
Chapter 2 **The Old Farm Cottage** 

Chapter 3 The Silver Goddess

Chapter 4 **Around Coast & Estuary** 

Chapter 5 **A Miscellany of Things** 





Trever Boar'S COUNTRY FOLKLORE & LEGEND

## The Silver Goddess



I is still broad daylight yet a silver gibbus moon hangs poised in the sky vaiting to claim the day from the sun. Later when the landscape is hers I may well return to revel in the silver hills and valleys with their dark yet peaceful shadows.

Here in the wild valley the moon will exert her influence but it will be more observable a few miles away where the estuary and inter-tidal rivers will show the ebb and flow of the tide twice daily caused by the strong influence she has upon the planet and upon all of us.

Aristotle stated that the oysters and sea urchins were meatier during a full moon, and today in the 21<sup>8t</sup> century be is proven correct.

The moon plays an important part in plant development and has been known to do so for hundreds of years. Modern science can do no better than to accept we are influenced by the moon, can do no better than to agree with this fact that in general terms it is best to plant just a couple of days before the full moon though it is somewhat more complex than that where moon planting is concerned.

Sceptics may not wish to agree with astrology for example yet it seems sensible, seeing that we are all part of the

Example of a double page spread.



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